

Qualifications:

2019	Level 3 Award in Education & Training	City and Guilds
2019	Aromatherapy Teacher Training Program	Aromahead Institute
2018	Oncology Massage	Susan Finlay
2016	Ru Sie Dutton Yogi Yoga	ITM, Thailand
2016	Thai Hand Reflexology Massage	ITM, Thailand
2016	Thai Herbal Compress Massage	ITM, Thailand
2016	Nuad Bo-Raan Thai Traditional Massage	ITM, Thailand
2016	Nuad Bo-Raan Thai Traditional Massage - Thai Table	ITM, Thailand
2016	Sports Massage	Open Study College
2015	Lower Back - Jing Method	Jing Institute
2015	Karmic Self Healing & Chi Energy Harnessing Workshop	Sadhu Dharmavira
2015	Quite Mind Meditation	Life Raft
2015	Pregnancy Massage	Guru Holistics
2015	Advanced Clinical Massage - Leg, Knee & Foot Pain	Jing Institute
2015	Story Massage - Instructor Training	Story Massage
2015	Art of Finding Stillness & Calm - Relaxation Methods	Sadhu Dharmavira
2015	EMM-Tech	Emmett Therapies
2015	Advanced Clinical Massage - Hip & Pelvis	Jing Institute
2015	Bellabaci Cupping	London School of Complementary Health
2015	Signature Body Treatment	Neals Yard
2015	Signature Facial Treatment	Neals Yard
2015	Advanced Sports Stretching Techniques	Jing Institute
2014	Foundation in Advanced Clinical Massage	Jing Institute
2014	Peer Massage - Instructor Training	Child 2 Child
2014	Crystal Tranquility	Guru Holistics
2013	Wellbeing Programme Instructor	IMPACT Wellbeing
2013	Advanced Bodywork for Upper Back, Neck & Shoulders	Inspire Massage
2013	Trigger Point Release	Inspire Massage
2013	Thai Foot Massage	Guru Holistics
2013	Bamboo Massage	Guru Holistics

2012	Advanced Aromatherapy Certificate	The Aromatherapy Company
2012	FdSc Complementary Health Care	New College Durham
2012	No Hands Massage - Practitioner Course	No Hands Massage
2012	No Hands Massage - Transforming Touch Course	No Hands Massage
2012	Indian Head Massage	New College Durham

Essential Thyme